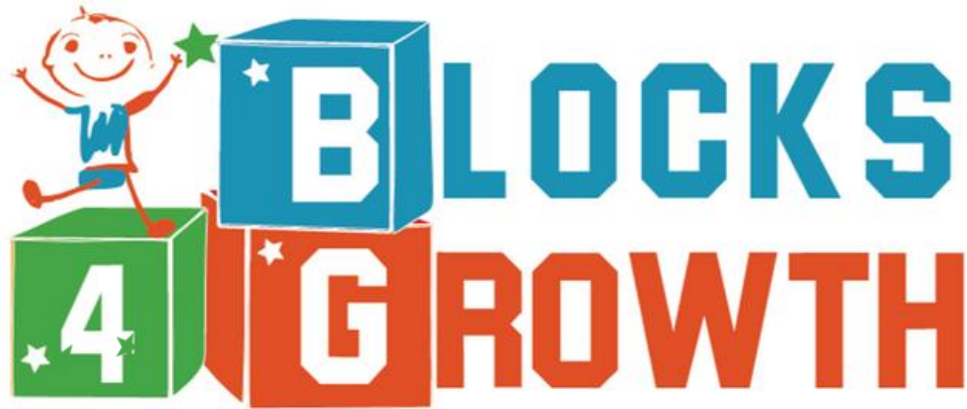




a product of The Learning Initiative



Activities that

will help me

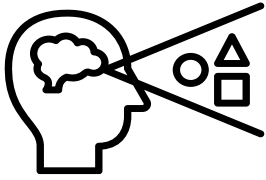


exercise my



eyes

# HELLO AGAIN CAREGIVERS,

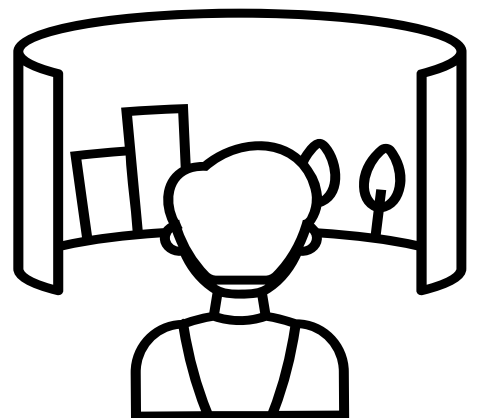


It's time to turn our attention to another crucial developmental area - visual perception. Visual perception is the brain's ability to make sense of what the eyes see. This skill helps your child to complete daily tasks like dressing, eating, finding their toy etc. It also plays an important role in helping your child recognize shapes, letters, numbers and patterns, so that they can ultimately learn to read, write and build puzzles.

Remember that visual perception, like any other skill, develops gradually. Every child progresses at their own pace, so celebrate their achievements, no matter how small. By fostering your child's visual perception skills now, you are laying the groundwork for their success in school and everyday life!

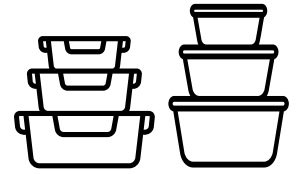
In this booklet, we will provide step-by-step activities designed to boost visual perceptual skills. Keep the activities fun and engaging to hold your child's interest. Repeat the activities as often as possible, children learn best with repetition.

Let's dive in and explore the exciting ways we can support your child's growth in this area!



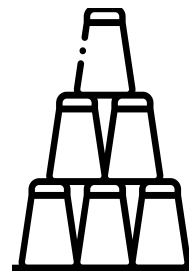
# How to bring visual perceptual skills into everyday activities

- Household Chores: Let your child match lids to containers, organise items by size in the cupboard, or group clothes by colour when doing the washing.

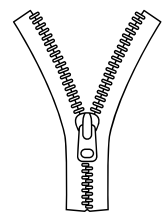


- Outdoor Play: Plan a nature treasure hunt - ask your child to search for items based on visual clues such as the shape, colour, or size. For example “find the biggest stone you can see” or “find a blue flower”.

- Building Activities: Use household items like cardboard boxes, plastic cups, or empty cans to create towers. Challenge your child to copy designs or patterns using the different items.



- Interactive Games: Play games that involve finding differences between pictures or finding hidden objects.
- Getting Dressed: Instead of just buttoning or zipping, ask your child to match pairs of socks or to choose clothes that go together by color or pattern.

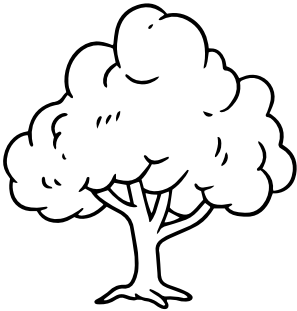
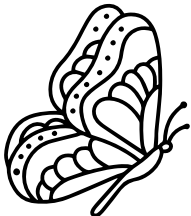
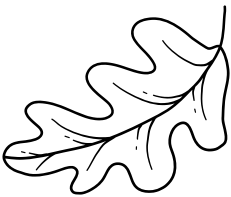
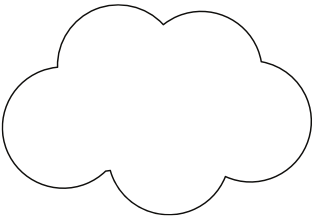
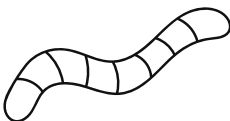
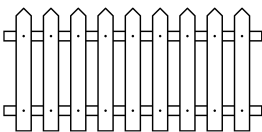


- Writing and Tracing: Offer opportunities for your child to trace shapes, letters, and numbers. Use different materials to trace in, such as sand or rice to add an element of fun.



# Nature scavenger hunt

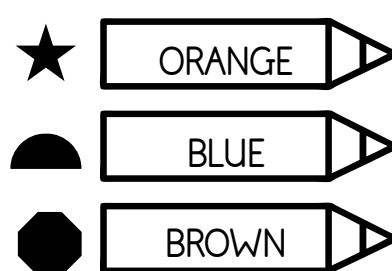
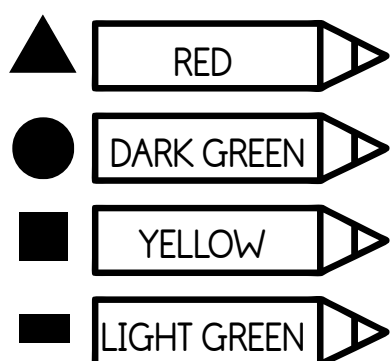
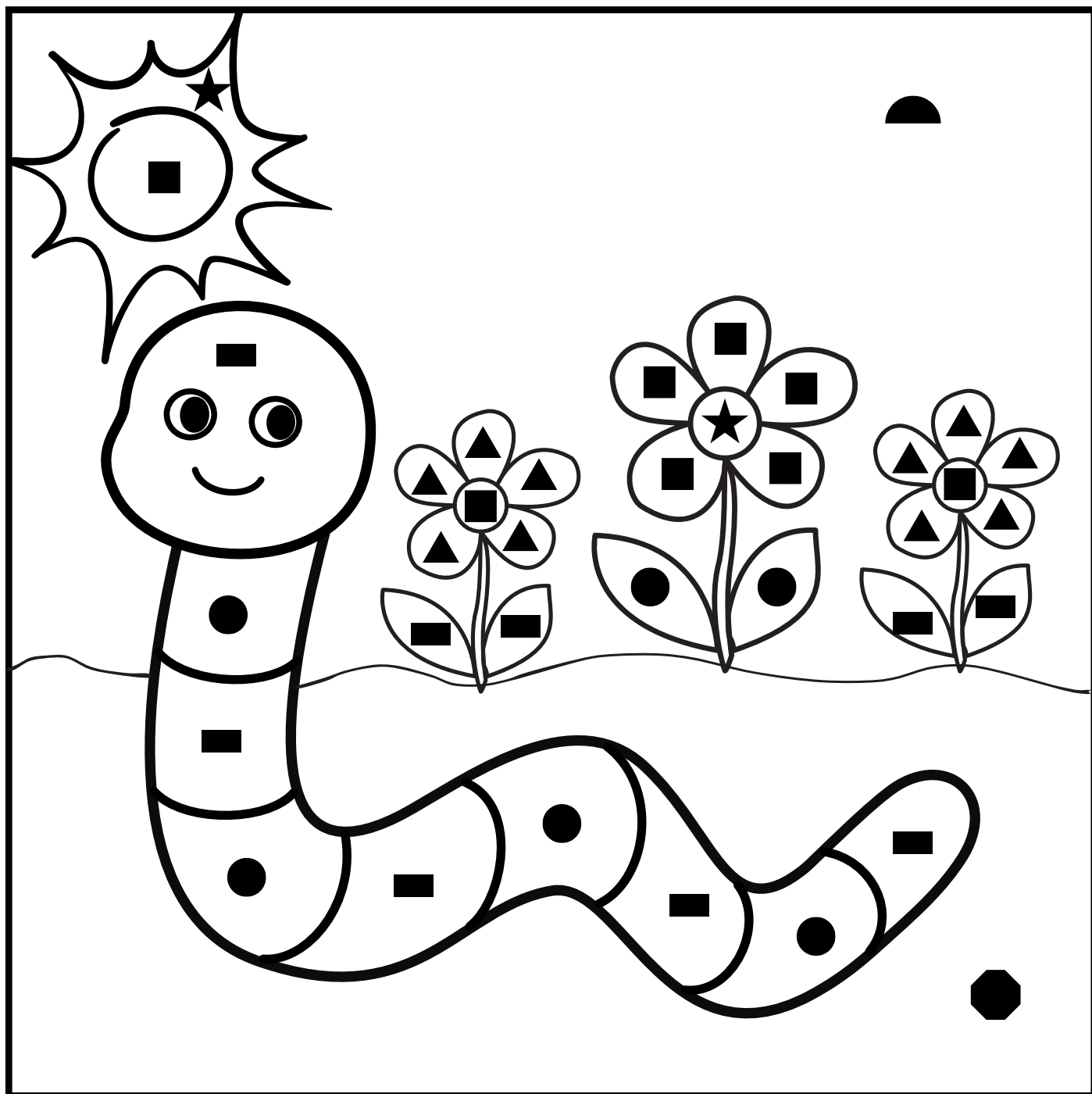
Go outside and look around. Colour in all the items that you saw.

|                                                                                                     |                                                                                                  |                                                                                                            |
|-----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|
|  <p>tree</p>       |  <p>ant</p>     |  <p>flower</p>          |
|  <p>butterfly</p> |  <p>stick</p>  |  <p>blade of grass</p> |
|  <p>leaf</p>     |  <p>cloud</p> |  <p>house</p>         |
|  <p>stone</p>    |  <p>worm</p>  |  <p>fence</p>         |



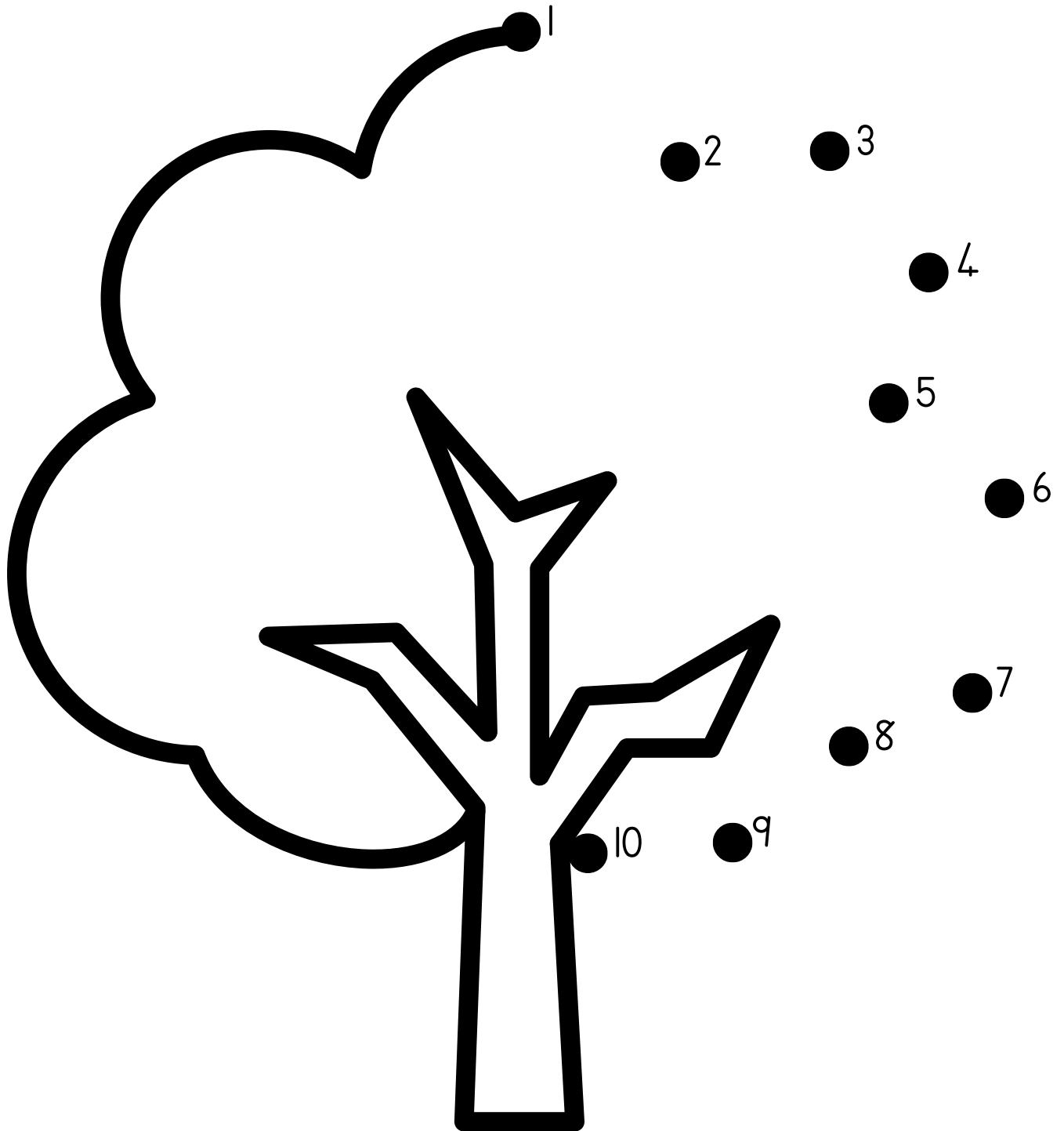
# Colour by shape

Use the key at the bottom of the page to colour in the picture.



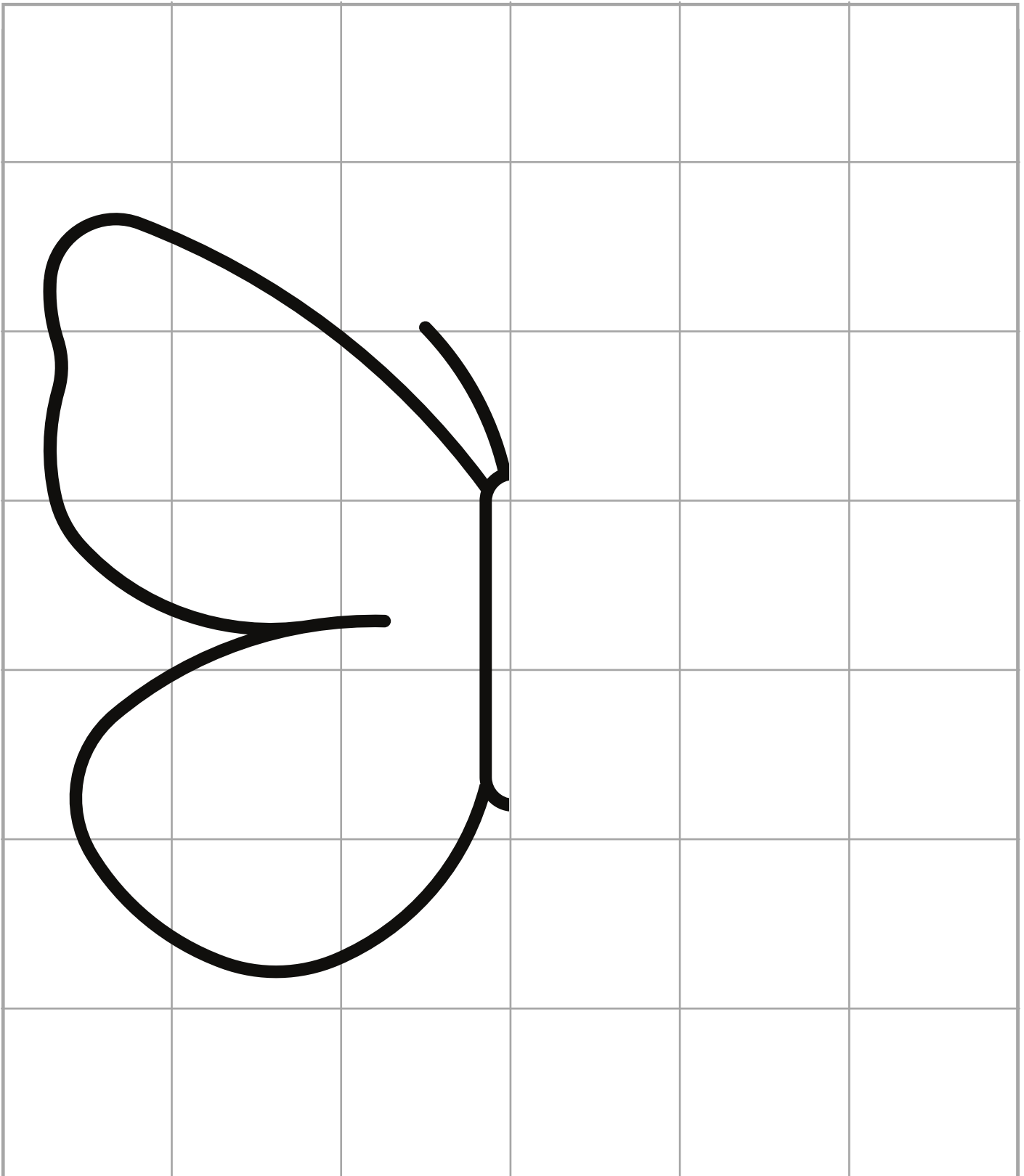
# Dot-to-dot

Connect the dots from 1 to 10. Colour in the picture.



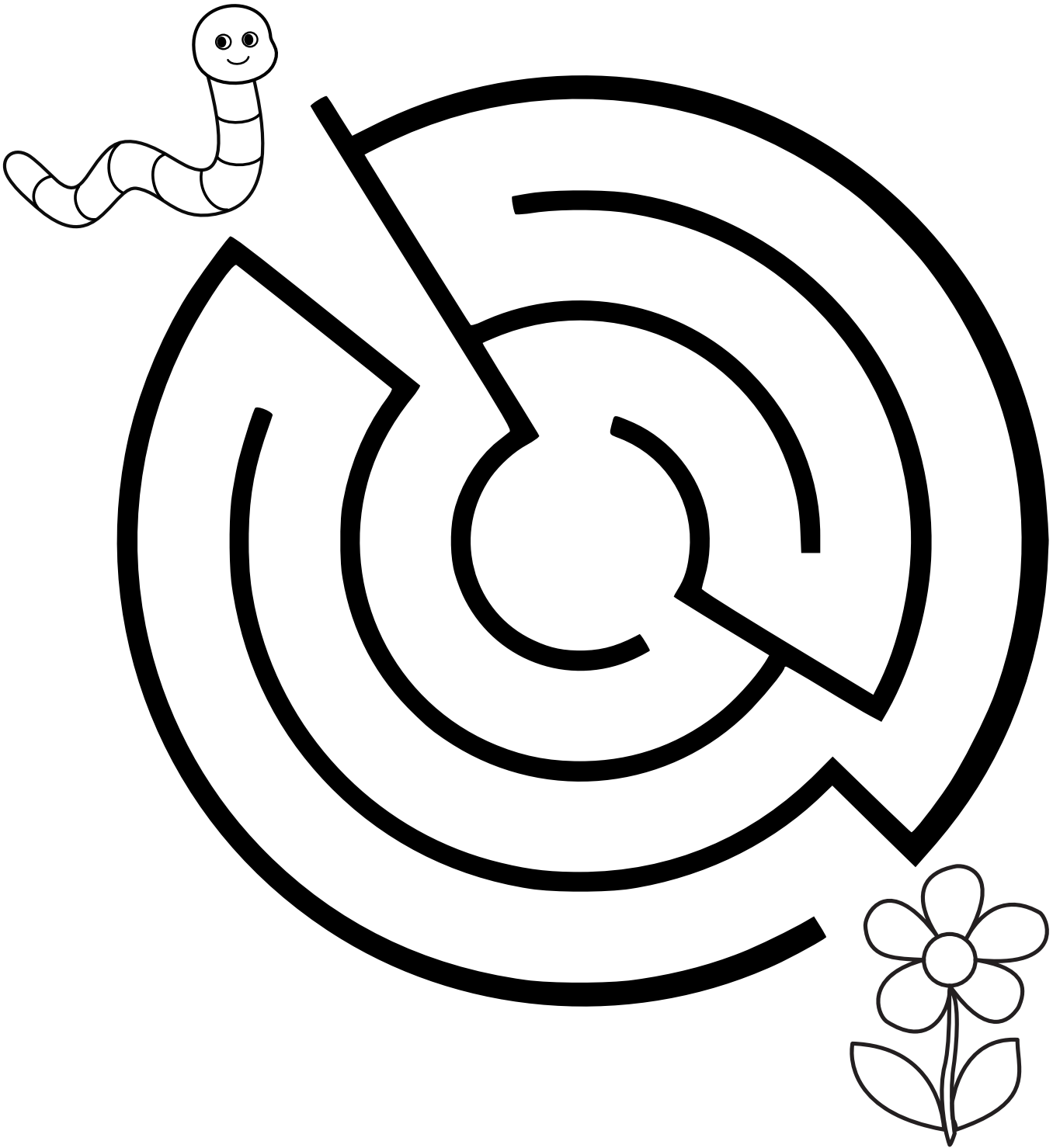
# Symmetry drawing

Draw the other side of the butterfly. Colour it in using your favourite colours.



# Maze

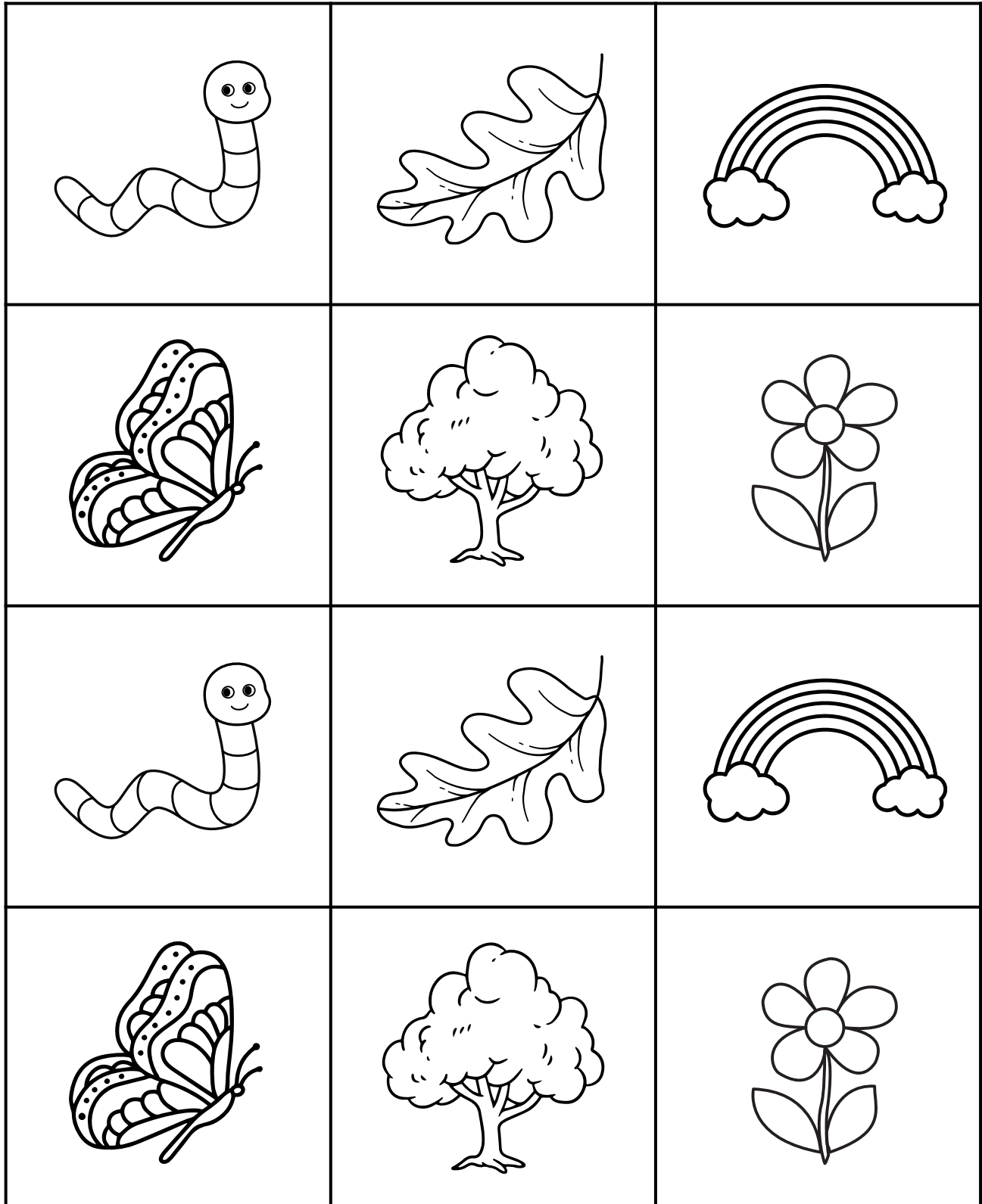
Help the worm get to the flower.





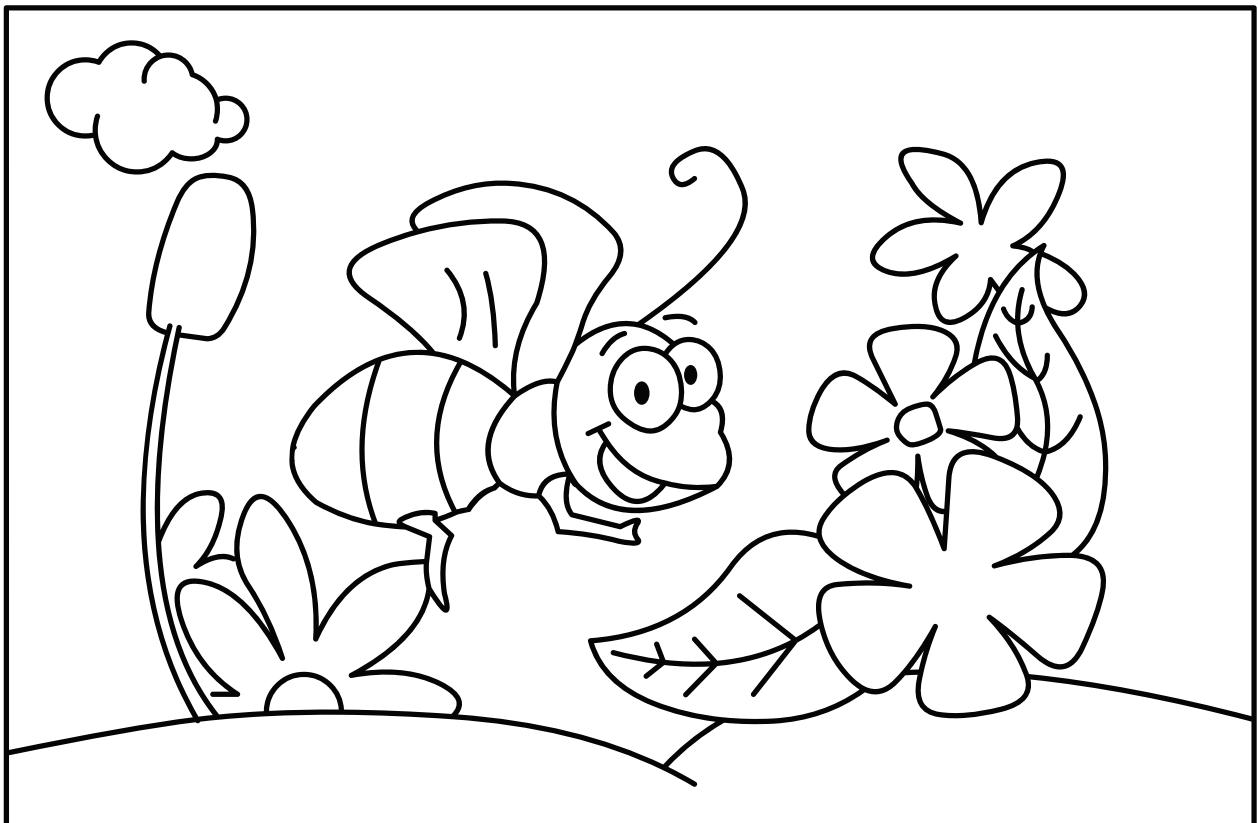
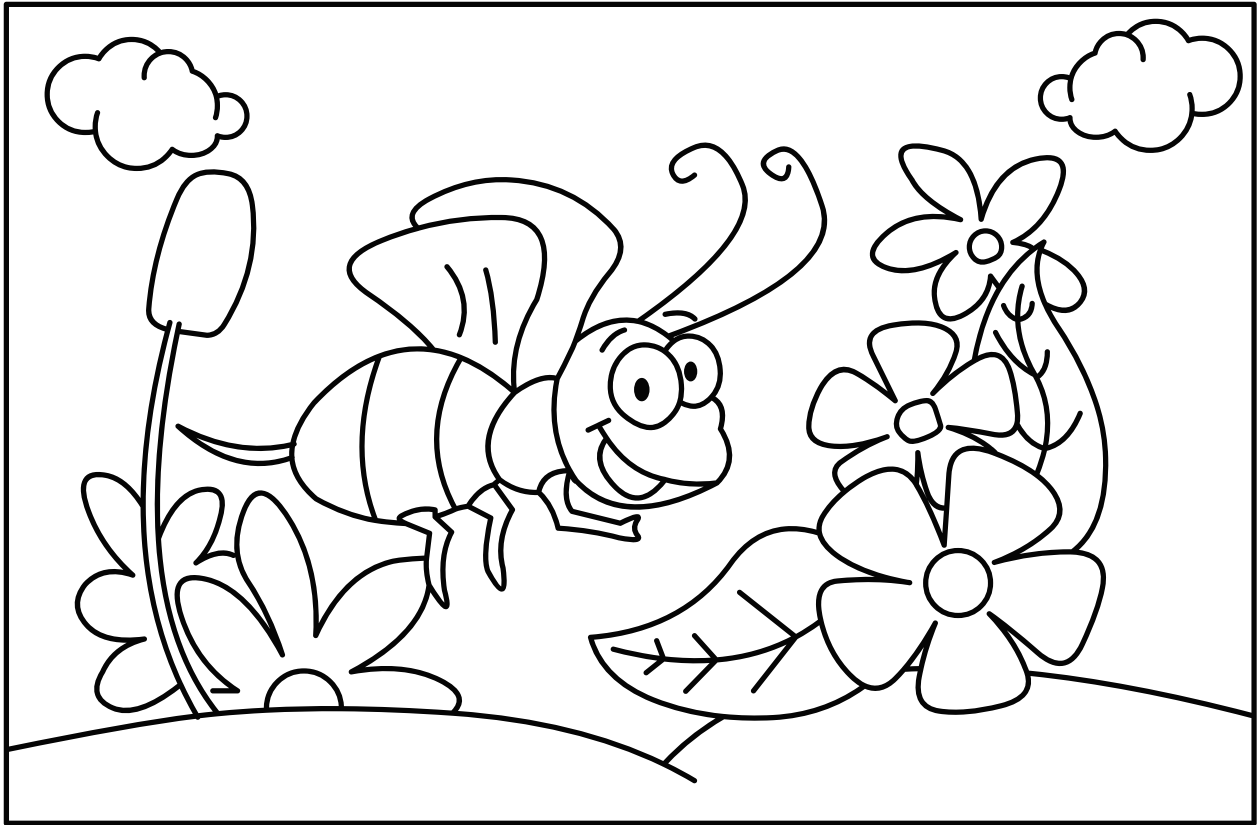
# Memory game

Cut out the cards below, shuffle them, and place them face down. Ask your child to flip over two cards to find matching pairs.



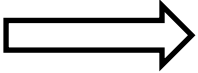
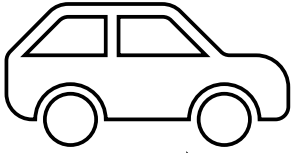
# Find the difference

Spot the 7 differences in the pictures below. Circle them, and then colour in the pictures.

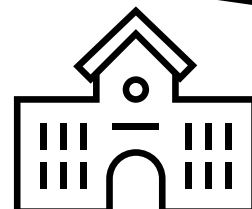
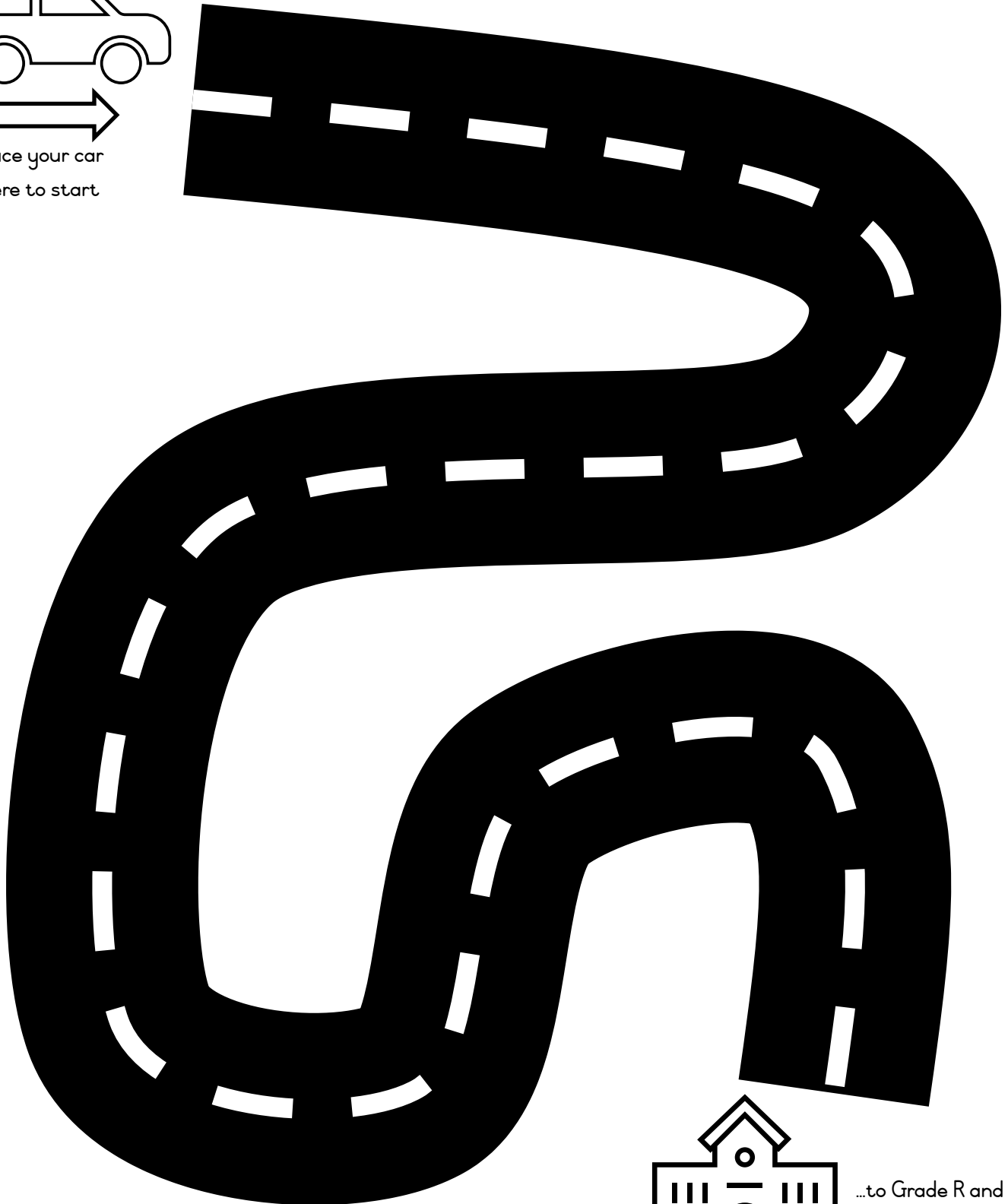


# Vroom, vroom

Use the car in your pack to drive through the maze and make your way to Grade R.



Place your car  
here to start

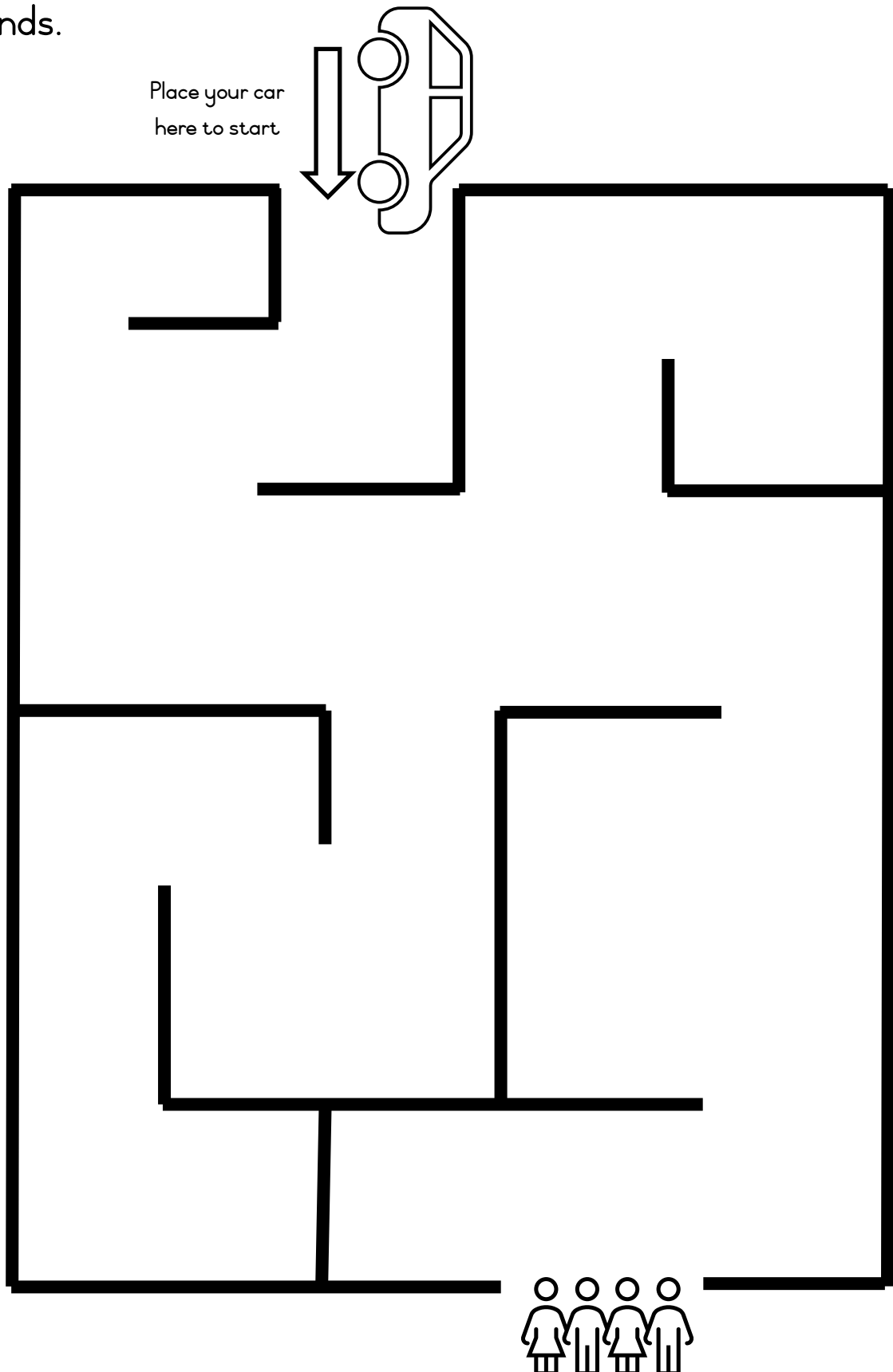


...to Grade R and  
beyond!



# A-maze-ing trip

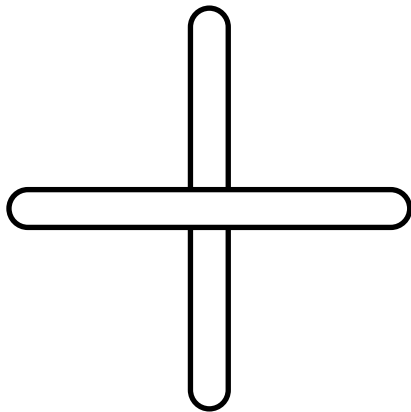
Drive your car from the pack through the maze to get to your friends.



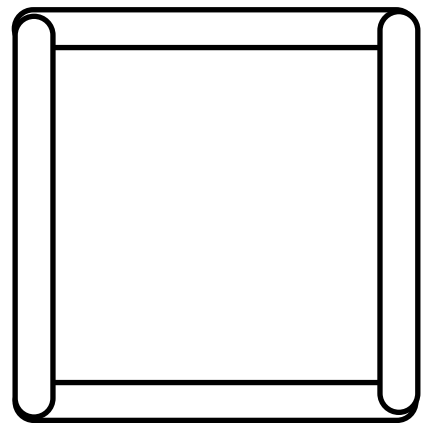
# Sucker fun

Use the sucker sticks from your pack to build a shape or pattern for your child to copy. Start with the examples below, then have fun creating your own designs using your imagination.

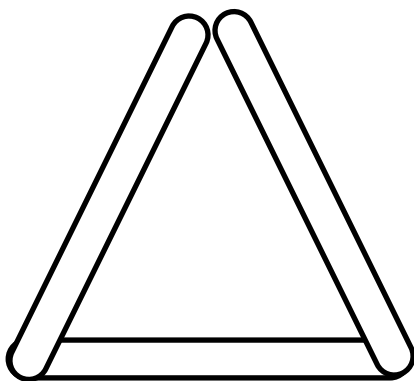
1



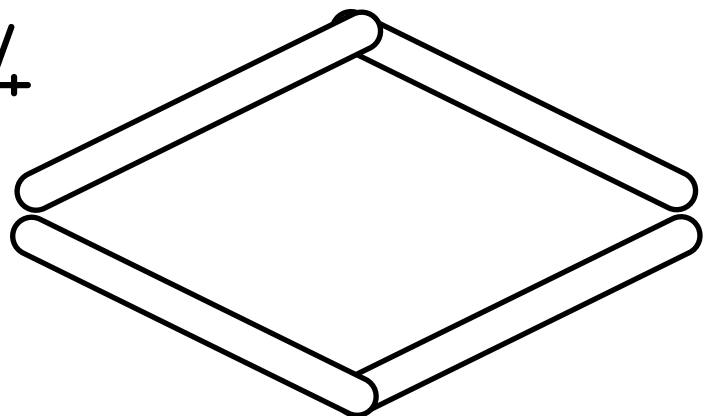
2



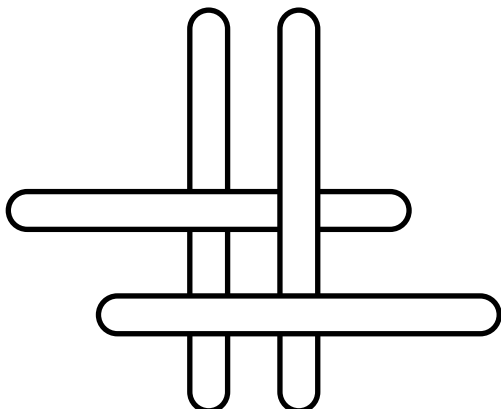
3



4



5



6

